



WELCOME TO SPA LAAROUSSA

You are about to use the Spa Laaroussa facilities. Here is a brief description of what to expect.

HAMMAM

After entering the spa you will be taken to a changing room where you can leave your clothes and personal belongings. The therapist will lock the door and give you the key.

A bathrobe, slippers and disposable underwear are at your disposal.

You will then be taken to the steam room, the original hammam from a XVII century riad.

The therapists will lay you on a warm marble bench and leave you to rest for 5 minutes.

When they return, you will be washed gently with buckets of warm water. You will then receive an aromatic body scrub with traditional eucalyptus soap. During the hammam, we also offer a facial mask with *ghassoul*.

This whole hammam process should take around 40/45mn.

You will then be offered a shower and rest on a couch with water and dried fruit.

Traditional Beauty Secrets

Ghassoul mask ∞ a mineral rich clay from the Atlas Mountains that Moroccan women have used for centuries for their hair and face. It naturally removes impurities and reduces dryness.

Savon beldi ∞ derived from black olives, this soap gently nourishes & softens the skin

Argan oil ∞ from the south of Moroccan, this nourishing oil can be left on the skin without rinsing

Rose water ∞ a natural toner and makeup remover. After your treatment, try gently wiping over your face and neck.

Our products are 100% natural and Moroccan

MASSAGE

After resting for a while, you may step into our massage area where you will receive a traditional relaxing massage with argan and essential oils (jasmine or orange blossom) in a candlelit room with cool music.

The therapists will ask you whether you would like a regular massage or a bit stronger.

You also should be asked if the light and the volume are at the right level for you.

If not, it is important to mention your specific requirement. It is your moment and it has to be optimized for you to enjoy it the most!

Don't hesitate to mention if there is any part of your body more sensitive or injured where you don't want to be touched.

The massage lasts 45 min.

DRINK ∞ before or after your spa session you are invited for a complimentary tea at Riad Laaroussa. Free Wifi.

TIPS ∞ Spa and Riad Laaroussa staff work as a team. Tips are shared equally once a month among all staff members including the spa therapists. If you wish to leave a tip, there is a black box in the main office (where payment is made), so it is not necessary to tip the therapists individually.

YOUR FEEDBACK ∞ Your feedback is key to us. On check out you should be asked about it. Please do let us know how your experience was, good or not. It is important to have your feedback in order to improve the service we deliver. *Thank you for that.*